

ExpoFest and Oh! Canada Championships Scholastic Divisions & Info 2022/2023



Scholastic Cheer Divisions	# of Members	IASF Level Options
Primary Youth Grades 1-4	5-30	1
Elementary Youth Grades 4-6	5-30	1, 2
Junior High Grades 6-9	5-30	1, 2, 3
Combined Jr/Sr Grades 7-12	5-30	1, 2, 3
Senior Grade 9-12	5-30	1, 2, 3, 4, 4.0NT, Game Day
CEGEP / Collegiate	5-36	4.2, 4, 5, 6, Game Day
University / Collegiate	5-36	2.0, 4.2, 4, 7, Game Day



-> Note that we use IASF Rules **AND** ICU rules for ALL scholastic divisions. What exactly does this mean? It means that whichever is more lenient for the given skill will be followed. If you are permitted to do a skill with ICU it will be legal even if it is illegal using IASF rules. And vice versa...if it is legal using IASF rules it will be legal even if it is considered illegal for ICU rules. **However, it is important to note that you cannot combine the rules/definitions of both rule sets together to create a legal skill if the skill is illegal in both ICU and IASF systems (I.E. using a rule from IASF but a definition from ICU). It must be legal in one system or the other in order to be legal.**

For reference, see chart below for IASF level to CLOSEST corresponding ICU / Cheer Canada level.

IASF Level	Closest Corresponding ICU
1	Novice
2	Intermediate
3	Median

IASF Level	Closest Corresponding ICU
4	School Advanced
5/6	Elite
7	Premier

-> All collegiate / university teams will be scored on the Cheer Canada Collegiate score sheets and all school teams (grade school) will be scored on the Cheer Canada School score sheets.

-> Divisions will be offered for teams with cheer and teams without cheer. Technical skills (tumbling, stunts, etc.) performed during the Cheer will be rewarded within the Cheer scoresheet only. Technical skills during the music portion of the routine will be considered on the category score sheets (building skills, tumbling skills, etc.)

We recognized that from province to province, school teams are not all using the same routine formats across the country. Our goal is to foster a good, Cross-Canada competition, without requiring teams to change their routine to participate.

- 1. TIME LIMITS:** Regular division time limit is 2:30 max. for routines **without** a cheer (2:00 max for non-tumbling). Routine time for teams **using a cheer** will be 3:30 (3:00 for non-tumbling) which may incorporate up to 2:30 of music portion (2:00 max for non-tumbling) and up to 1 minute of cheer portion.

If a cheer is performed, it may be at the beginning or middle of the routine. The maximum time between the cheer and music portion is 20 seconds.

Game Day: Average of 30 seconds (0:30) to one minute (1:00) per element. Total routine time may not exceed three minutes (3:00) maximum.

These times are maximums; not minimums. The broad range of times is to allow for all routine formats from across Canada to participate. For example, if routines in your province are typically 2:30 including the cheer, please use the same routine as you always do.

- 2. NON-TUMBLING DIVISIONS:** Tumbling is not allowed. The following exceptions are allowed for stunting purposes or formation changes and must follow appropriate level inversion rules. No tumbling score will be given for the following exceptions: forward rolls, handstands, cartwheels and round-offs are allowed.
- 3. PROVINCIAL RULES:** Teams should adhere to their provincial rules of play (restrictions of level, team size, routine composition, time-limits, etc.).

4. **IMAGE POLICY:** All teams must comply with Cheer Canada's Image Policy for scholastic teams

5. **UNPLANNED ATHLETE REPLACEMENT:** If the replacement does not meet the grade requirements for the division the teams' performance will be for exhibition only. Athletes must be students - minimum number of post-secondary school classes enrolled in is one (1) for collegiate teams. Work and Co-op terms are also acceptable.

DIVISION SPLITS & COMBINATIONS:

Teams may be combined with like teams (always same level) to foster good competition. Teams may be split by Coed/All-girl (senior level 3 and above only) or by team size with consideration of the following:

- Similar sized teams within the split
- Small (1-4 males) and Large (5+ males) Coed splits if possible without leaving any team alone in their division. Coed splits will take place before team size splits in Collegiate divisions.
- Similar number of teams within the split
- No teams left on their own as a result of a split

If you have a division that is not listed here, please contact us for assistance.

Disclaimer: Information and policies are subject to change based on situational changes of COVID-19 or policy changes

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